

October

2018

Breakfast

This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Chocolate chip French toast minis Cereal, toast, fruit and milk	2 Blueberry or Choc. Choc. chip muffin Cereal, toast, fruit juice and milk	3 Strawberry banana smoothie Cereal, toast, fruit juice and milk	4 Mini pancakes Cereal, toast, fruit juice and milk	5 Poptart Cereal, toast, fruit and milk
8  NO SCHOOL	9 Cinnamon glazed French toast Cereal, toast, fruit juice and milk	10 Banana bread Cereal, toast, fruit juice and milk	11 Maple or blueberry mini waffles Cereal, toast, fruit juice and milk	12 Cinnamon roll Cereal, toast, fruit and milk
15 Cinnamon glazed French toast sticks, Cereal, toast, fruit and milk	16 Cheese omelet Cereal, toast, fruit juice and milk	17 NOON DISMISSAL Mango berry smoothie Cereal, toast, fruit juice and milk	18 MEA break 	19 MEA break 
22 Choc. chocolate chip or blueberry muffin Cereal, toast, fruit and milk	23 Oatmeal Cereal, toast, fruit juice and milk	24 Build your own yogurt parfait Cereal, toast, fruit juice and milk	25 Banana bread Cereal, toast, fruit juice and milk	26 Dutch waffle Cereal, toast, fruit and milk
29 French toast sticks Cereal, toast, fruit and milk	30 Poptart Cereal, toast, fruit juice and milk	31 Cheese omelet Cereal, toast, fruit juice and milk	1 Blueberry or choc. chocolate chip muffin Cereal, toast, fruit juice and milk	2 Oatmeal Cereal, toast, fruit and milk

